

CANADIAN PAEDIATRIC NURSING STANDARDS

Supporting and Partnering with the Child, Youth, and their Family

Paediatric Nurses partner with the child, youth and their family by engaging and empowering them to achieve their optimal level of health and well-being leading to resilient families and healthy communities.

The Paediatric Nurse always:

- Establishes an equitable and inclusive therapeutic relationship with the child/youth and family
- Respects and supports the child/youth and family in goal setting, decision making and consent
- Collects and uses information from the family context to inform care
- with both child/youth and/or family as partners in care
- for optimal use of resources to support the child/youth and family
- Recognizes and fosters the (parenting)/caregiver role to support child and youth well-being
- Respects the child and youth definition of family

Areas of Competency:

- Strengths-Based Nursing Care
- Child & family centered care
- Therapeutic communication
- Family assessment
- Child and family advocacy
- Health teaching for child /youth and family
- Evidence based knowledge in paediatric care
- Paediatric palliative care
- Knowledge of diversity/identity/implicit/system bias
- Trauma informed care
- Knowledge of applicable legislation related to consent and privacy

Standard I

Advocating for Equitable Access and the Rights of Children, Youth, and their Family

Paediatric nurses demonstrate and mobilize their understanding of the social determinants and other systemic factors that impact health. They comprehensively assess needs/risks for families, take action to support families to navigate system, empower families to self-advocate and provide mentorship and coaching that will improve health outcomes for children and families.

The Paediatric Nurse always:

- Completes a comprehensive assessment (beyond physical assessment) through an advocacy lens considering social determinants of health and child and youth well-being
- Facilitates an appropriate environment to perform assessment and intervention considering privacy and confidentiality
- Builds capacity in the child/youth and their family to self-advocate
- Maintains active knowledge of current resources by engaging in paediatric communities of practice
- Supports the child/youth and family to navigate the health care system

Areas of Competency:

- Child, youth, and family capacity building
- Safety and risk assessments
- Understand the impact of social determinants of health
- Aware of current trends, risks and issues for children, youth, and their families
- Knowledge of systems and policies that affect child/youth and family health and well-being
- Demonstrate understanding of implicit/systemic bias
- Demonstrate awareness of the United Nations' Conventions on the Rights of the Child.
- Advocacy skills

Standard II

Delivering Developmentally Appropriate Care

Paediatric Nurses perform assessment based on growth and development and deliver paediatric (Child and Youth)-specific care.

The Paediatric Nurse always:

- Identifies and uses appropriate pronouns when addressing child, youth, and family
- Demonstrates knowledge of typical development and variation from typical
- Demonstrates knowledge of safety risks and performs safety assessments appropriate for developmental stage
- Use of validated screening tools to identify high risk activities or behaviours
- Provides anticipatory guidance and coaching on typical development and safety related to the developmental stage of the child, youth, and family
- Incorporates developmentally appropriate play and/or recreational activities into care
- Performs age and developmentally appropriate bio-psychosocial assessment
- Uses developmentally appropriate strategies when preparing for and performing interventions
- Understand that development may be influenced by factors such as gender, ethnicity, spirituality, and culture
- Creates a culturally safe environment

Areas of Competency:

- Knowledge of common paediatric conditions or illnesses
- Holistic approach to paediatric specific assessment and care delivery
- Pain management
- Cultural competency
- Understanding and knowledge of child development
- Mental health literacy
- Awareness of equity, diversity and inclusion guiding principles
- Psychological safety
- Awareness of high-risk behaviours specific to each developmental stage
- Trauma informed care

Standard III

Creating a Family Friendly Environment

Paediatric nurses play an essential role in creating a family friendly environment that welcomes families and facilitates their health and wellness journey. It is understood that the environment changes as the child/youth grows and is influenced by multiple factors including but not exclusive to psychological, spiritual, social and cultural.

The Paediatric Nurse always:

- Establishes an inclusive communication strategy that meets the needs of the child, youth and family
- Completes a child/youth and family assessment
- Demonstrates cultural competency and humility in all child/youth and family interactions
- Engages with child/youth and family in all care decisions and plan of care in a respectful non- judgmental, culturally safe manner
- Recognizes and fosters child/youth and family strengths and supports, despite boundaries and limitations
- Uses strategies to support and foster resiliency
- Demonstrates caring and compassion to both child/youth and family
- Fosters and promotes safe/brave space

Areas of Competency:

- Intra and interprofessional collaboration
- Cultural competence
- Child/youth and family centered care
- Resiliency theory
- Understanding of national/local accessibility legislation and standards
- Equity, diversity and inclusion
- Awareness of safe and brave spaces

Standard IV

Enable Successful Transitions

Paediatric nurses support the child/youth and family through health care transitions to maximize their well-being. This may include, but is not limited to, hand-off between healthcare providers, admission and discharge, and facility transfer (such as transition from paediatric to adult care institutions)

The Paediatric Nurse always:

- Uses effective communication strategies at all transitions in care
- Assesses readiness and supports safe transition
- Engages in planning of health education and coaching at all transitions
- Involves the child/youth in self-care of their condition as developmentally appropriate
- Provides health education and information to optimize transition of the child/youth and family
- Anticipates and uses resources to support transitions in care
- Plays an active role in facilitating effective transition

Areas of Competencies:

- Care coordination
- Respectful and effective communication
- Advocacy
- Assessment of environmental safety
- Transition planning
- Child, youth and family centred care
- Social determinants of health
- Knowledge of care continuum
- Knowledge of resources for children, youth and family to facilitate transitions in care
- Health coaching
- Knowledge of developmental stages
- Strengths based nursing care
- Effective handover
- Application of equity, diversity and inclusion guiding principles in transition

Standard V